

# The Rivermead Post-Concussion Symptoms Questionnaire

The Rivermead Post-Concussion Symptoms Questionnaire is a questionnaire that can be administered to someone who sustains a concussion or other form of traumatic brain injury to measure the severity of symptoms. The RPQ is used to determine the presence and severity of post-concussion syndrome (PCS), a set of somatic, cognitive, and emotional symptoms following traumatic brain injury that may persist anywhere from a week, to months, or even more than six months.

## How To Score Your Answers

- 0 = Not experienced at all
- 1 = No more of a problem than prior to the concussion
- 2 = A mild problem
- 3 = A moderate problem
- 4 = A severe problem

Compared with before the concussion, how would you rate your symptoms of:

Headaches	0	1	2	3	4
Dizziness	0	1	2	3	4
Nausea and/or vomiting	0	1	2	3	4
Sensitivity to noise	0	1	2	3	4
Disturbed sleep	0	1	2	3	4
Fatigue, or tire more easily	0	1	2	3	4
Irritability or "moody"	0	1	2	3	4
Feeling depressed or tearful	0	1	2	3	4
Feeling more frustrated or impatient	0	1	2	3	4
Forgetful or poor memory	0	1	2	3	4
Poor concentration	0	1	2	3	4
Taking longer to think, or in a fog	0	1	2	3	4
Sensitivity to light	0	1	2	3	4
Double vision	0	1	2	3	4
Restless	0	1	2	3	4

Are you experiencing any other symptoms or difficulties?

[1] _____	0	1	2	3	4
[2] _____	0	1	2	3	4
[3] _____	0	1	2	3	4

Validated by King, N., Crawford, S., Wenden, F., Moss, N., and Wade, D. (1995) J. Neurology 242: 587-592

